

10 Living Fully Principals

1. **Value the Gift of Life.** Recognizes the great scarcity and uncertainty of the moments of life, and make the commitment to live each and every moment to the fullest.
2. **Manage Your Time Well.** Clarify what needs to be done and prioritize them. And then invest your time wisely by doing the important tasks.
3. **Actualize Your Potential.** Realize that fulfillment and self actualization go hand in hand. Discover and tap into your great potential by becoming your best self.
4. **Seize Your Opportunities.** Your success is based on seizing the available opportunities. Recognize the opportunities and turn those opportunities into great realities.
5. **Set Inspiring Goals.** Inspiring goals and objectives will focus your efforts and get you motivated to reach the summit. Set great goals to focus and motivate your mind.
6. **Master Prosperity.** Money cannot buy happiness; however, poverty can cause worry and unhappiness. There is a level of financial prosperity that fulfills the life of each person, reach the level that is right for you.
7. **Live Healthy.** Good health will be your greatest ally in the journey of life. Take good care of your body and energize it; and you will have the physical fuel you need to reach your great destination.
8. **Enrich Your Relationships.** Positive, supportive, and nurturing relationships are essential for a joyful life. Enrich your relationships and bring great joy and fulfillment into your life.
9. **Never Give Up.** Life is not always a walk through the garden of roses. At times life can be a journey through the desert of lack and hardship. Never give up on your quest for the good life.
10. **Express Your Greatness.** There is greatness in you, express it, become the shining example of possibilities and human greatness. Live each day fully so that you will not look back regretfully.

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